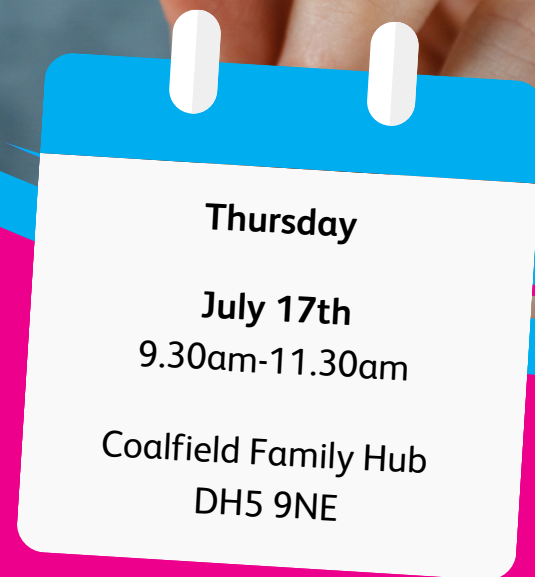


STOP SMOKING EVENT



Do you smoke - but would like to stop? Discover the different FREE support options available to fit your lifestyle and the prescription medicines to help beat cravings, at our Family Hubs Stop Smoking Event. You also get the chance to try out a carbon monoxide monitor!

****There's also a FREE breakfast sandwich and cuppa voucher for the Centre Spot Cafe.****



Remember you're 3 times more likely to quit with help from a professional advisor - it's easier than going alone. To find out more contact Coalfield Family Hub on 0191 561 6625. ItsNeverTooLateToQuit



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