



# Parent & Carer's Workshop

## Children & Young People's

## Mental Health

Monday 21<sup>st</sup> July

Nextdoor Project

Petersfield Road  
SR4 9BD

9.30 - 12.30

Join our relaxed workshop to learn more  
about children's mental health



Sign up here!



or email

[sgpa.cmhh@nhs.net](mailto:sgpa.cmhh@nhs.net)

