

**Coalfield Family Hub Easter Timetable**  
**Monday 14<sup>th</sup> April - Thursday 17<sup>th</sup> April 2025**  
**Family.hubhetton@togetherforchildren.org.uk**

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Coalfield Family Hub</b>            Hetton Centre,            DH5 9NE  <b>0191 561 6625</b></p>	<p><b>Time for Rhyme (Birth to crawling)</b>            10am - 10.45am</p> <p><b>Review and Development Clinic</b>            10.00 - 11.30am            (Please speak to your Health Visitor for an appointment)</p> <p><b>Young Mams 'n' Dads</b>            1.30pm - 2.30pm            Drop In</p>	<p><b>Sensory Room</b>            2.00 - 2.30pm            2.30 - 3.00pm            Both bookable</p> <p><b>Sensory Room Children with SEND</b>            (0-25 years)            3.30pm - 4.00pm            4.00pm - 4.30pm            All bookable</p>	<p><b>HAF Colour Fun</b>            (On the field next to Thorney Close Action &amp; Enterprise Centre)            11am - 3pm</p> <p><b>Play Space and Sensory Room</b>            1pm - 2.30pm</p>	<p><b>Play Space and Sensory Room</b>            9am - 11.30am</p> <p><b>Breastfeeding drop in group</b>            10am - 12noon</p> <p><b>Welfare Rights</b>            9.00-12noon            Appointment only</p> <p><b>Ante Natal Programme</b>            3.45 - 5.45pm            To book please call            03000 031552</p>	<p><b>Good Friday Closed</b></p>

**Social media**

Please check 'My Best Life website', [www.mybestlife.org.uk](http://www.mybestlife.org.uk)  
 Sunderland Family Hubs Facebook and Instagram pages for more information,  
 and booking details for some of our sessions.



**Coalfield Family Hub Easter Timetable**  
**Tuesday 22nd April - Friday 25<sup>th</sup> April 2025**  
**Family.hubhetton@togetherforchildren.org.uk**

	Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>Coalfield Family Hub</b>            Hetton Centre,            DH5 9NE  <b>0191 561 6625</b></p>	<p><b>Easter Monday Closed</b></p>	<p><b>Time for Rhyme</b>            (Birth-Crawling)            10.00 - 10.45am            Drop In</p> <p><b>Stay &amp; Play</b>            0-5 years            1.30 - 2.30pm</p> <p><b>Sensory Room</b>            Children with SEND            (0-25 years)            3.30pm - 4.00pm            4.00pm - 4.30pm            Both bookable</p>	<p><b>Birth Registrations</b>            Please book via            Sunderland City Council            website.</p> <p><b>Play Space and Sensory Room</b>            1pm - 2.30pm</p> <p><b>Stop Smoking Support Drop in</b>            1.00pm - 2.30pm</p>	<p><b>Play Space and Sensory Room</b>            9am - 11.30am</p> <p><b>Breastfeeding drop in group</b>            10am - 12noon</p> <p><b>Welfare Rights</b>            9.00-12noon            Appointment only</p> <p><b>Ante Natal Programme</b>            3.45 - 5.45pm            To book please call            03000 031552</p>	<p><b>Play Space and Sensory Room</b>            9am - 11.30am</p> <p><b>Move to Rhyme</b>            10.00 - 10.45am</p> <p><b>Sensory Room</b>            2.00-2.30pm            2.30 - 3.00pm            3.00 - 3.30pm            All above Bookable</p> <p><b>Tobacco Dependency Services</b>            Bookable</p>

**Registering**

Please complete a 'Registration form' using this QR code, on My Best Life or at one of our Hubs to register at Sunderland Family Hubs then sign in each time you come to any hub. Everything is FREE!

