

Burnside Academy

ANTI-BULLYING POLICY



September 2024

Mrs V Houghton – Anti-Bullying Lead
School Council
Anti-Bullying Ambassadors

School Statement on Bullying – Anti-Bullying Team’s Voice

Burnside is a place where everyone has the right to a caring, friendly and safe place so they can learn in a relaxed and secure atmosphere.

Everyone at our school is their own individual self and this is to be celebrated.

We take bullying very seriously and it is important we act if any bullying happens to make sure it is stopped!

What Is Bullying?

Bullying is the use of aggression with the intention of hurting.

Bullying results in pain and sadness.

Remember bullying is something that happens

SEVERAL

TIMES

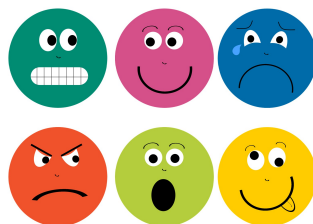
ON

PURPOSE

If it happens, it must **STOP!**

In our school, bullying can be:

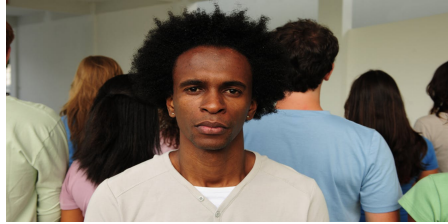
- Emotional being unfriendly, leaving people out, being mean (e.g. hiding books, threatening gestures), laughing at others, giving dirty looks



- Physical pushing, kicking, hitting, punching, slapping, nipping, scratching



- Racist calling people because of their colour or where they come from, being mean about what they believe, what they wear or how they speak



- Verbal name-calling, spreading rumours, teasing, shouting, nasty names, whispering



- Cyber Sending nasty texts, gifs, emails, snapchats
Silent phone calls, nasty facebook messages



T h i n k before you speak

- ▶ **t** is it true?
- ▶ **h** is it helpful?
- ▶ **i** is it inspiring?
- ▶ **n** is it necessary?
- ▶ **k** is it kind?

Possible signs of Bullying to look out for

- frightened of walking to or from school
- doesn't want to go to school
- bad behaviour
- worried a lot, or lacks confidence
- feels ill in the morning
- makes excuses
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money (to pay the bully)
- becomes angry or disruptive
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong

Not all these signs and behaviours mean they are being bullied but bullying should be considered a possibility. It would good to ask if they are ok or speak to a teacher.

What can we do to support anyone being bullied?

- Don't be a Bully
- Don't ignore bullying
- Be kind
- Talk to someone you trust
- Help one another
- Don't hurt anyone
- Be a good friend
- Talk to your parents or teachers
- Stand up for what's right

What will happen if you tell a teacher

- The teacher will get involved and try to help
- The teacher will speak to the bully
- Parents will be spoken to
- The teacher will watch carefully and check in with everyone involved
- The bully may be punished after being spoken to
- Mrs Kelly and or Miss Downey might be involved

Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving.

Schools have a responsibility to respond promptly and effectively to issues of bullying.

This content of this policy has been written and approved by our School Council and Anti Bullying Team with support from Kidscape and the school Anti Bullying Partnership Team