



Burnside Academy

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Headteacher: Mrs L Kelly

18th December 2026

Dear Parents and Carers,

We are writing to let you know that we will be making a change to the resources we use to support the delivery of our RSE (Relationships and Sex Education) and PSHE curriculum. We will primarily be using the Kapow Primary curriculum, and we will also supplement this with lessons from Pol-Ed where needed to address any issues that may arise in classes and the local community as the year goes on.

Please be assured that the content of the RSE curriculum has *not* changed since we consulted with parents and carers in 2021. We do not intend to add any additional content, and the topics taught will remain fully in line with the agreed curriculum and statutory guidance.

As always, puberty will continue to be taught by the school nurse during her visits to Year 5 and Year 6. This remains an important part of the curriculum and is delivered in line with local guidance and best practice.

As always, the full overview of what we teach in RSE is available on the school website, should you wish to review the information or familiarise yourself with the content.

If you have any questions or would like to discuss the curriculum further, please do not hesitate to contact the school. We are always happy to help.

Thank you for your continued support.

Yours sincerely

Mrs Kelly (Headteacher)