



## Burnside Academy

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**Headteacher: Mrs L Kelly**

Dear Parents/Carers,

### Bikeability Week - Monday 26<sup>th</sup> - Thursday 29<sup>th</sup> January 2026

Year 5 will be taking part in the Bikeability scheme ran by Sunderland City Council Monday 26<sup>th</sup> January - Thursday 29<sup>th</sup> January 2026. Your child will need to bring their bike into school every day on these days. Please read the following information carefully to answer frequently asked questions regarding this week.

- Bikeability is a course which aims to support children how to be safe on the road when riding their bike. **It does not aim to teach your child how to ride their bike.**
- Children will be outside on their bikes in all weathers therefore suitable footwear, clothing, coats and gloves should be worn every day. Children can come to school dressed in their biking clothing on these days. They do not need to wear school uniform.
- All bikes brought into school should be fully operational - please refer to the attached sheet for guidance. All bikes will be checked every morning to ensure they are safe to use.
- Helmets are not provided by the instructors therefore all children should bring a helmet into school along with their bikes.
- We do not expect parents to buy new bikes for this course - children can borrow a bike from a family member or a friend for these 4 days.
- Click on this link for more information: <https://www.bikeability.org.uk/get-cycling/cycle-training-for-children>

If you would like your child to take part, please follow the QR link or log on to the website to fill in the consent form by December 19<sup>th</sup> 2025.

<https://consent.bikeability.org.uk/well-host-wit>



DOWNLOAD QR CODE

If you have any questions about this course, please do not hesitate to contact me.

Thanks  
Mrs Downey  
Y5 Class Teacher